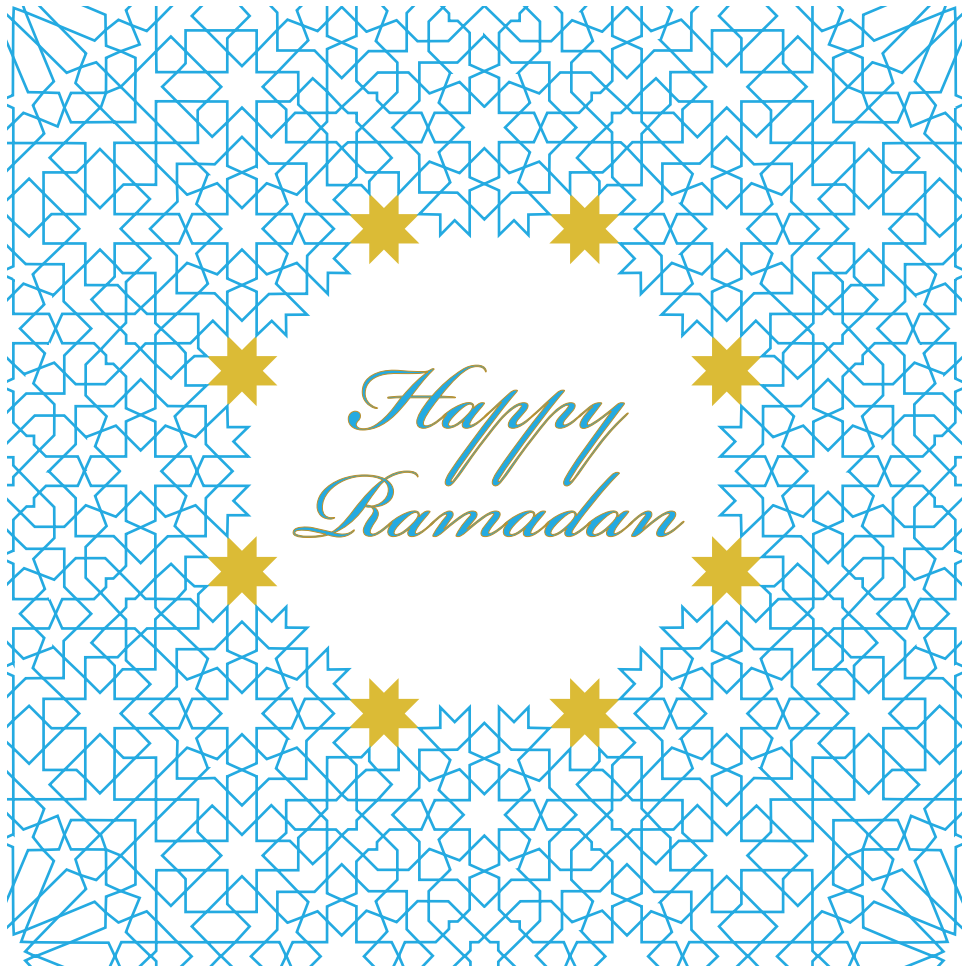


Iftar Notecards
RAMADAN 2013



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Iftar Notecards
RAMADAN 2013

Iftar Platter

IFTAR: THE EVENING MEAL WHEN MUSLIMS BREAK
THEIR FAST DURING THE MONTH OF RAMADAN



Iftar Notecards
RAMADAN 2013

The Month of Ramadan



THE HOLY MONTH OF RAMADAN, THE NINTH MONTH OF THE ISLAMIC LUNAR CALENDAR, IS CELEBRATED BY OVER 1.6 BILLION MUSLIMS WORLDWIDE.

DURING THIS MONTH OF SPIRITUAL RENEWAL, MUSLIMS ABSTAIN FROM FOOD AND DRINK DURING DAYLIGHT HOURS.

THROUGH FASTING, WE LEARN TO PRACTICE SELF-DISCIPLINE BY SACRIFICING OUR BASIC HUMAN NEEDS AND TO HAVE EMPATHY FOR THOSE WHO ARE LESS FORTUNATE. RAMADAN IS AN INCREASED OPPORTUNITY FOR FAMILY, FRIENDS, AND COMMUNITIES TO SPEND TIME TOGETHER AND TO BE GENEROUS AND KIND TO THOSE AROUND THEM. IT IS A MONTH OF PRAYER, SPIRITUAL REFLECTION AND RECOMMITMENT TO BETTERING ONESELF.

IT IS OUR HOPE THAT THIS RAMADAN BRINGS A SENSE OF PEACE AND HOPE THROUGHOUT THE WORLD.

WISHING YOU PEACE, JOY, AND A HAPPY RAMADAN!