

# Qur'ān Journaling

## Major Theme(s):

Use this section to review the whole surah. What are the major themes that come up again and again? If you think of the Qur'ān as God making a series of arguments, what point is God making? What is the evidence that He uses to make His case?

## What did I learn about God?

There is no better place to learn about God than by reading His words and His description of Himself. How does God talk about Himself? What are the qualities and features of who He is? What has He done in history? What are the promises He makes about the future? Whom does He talk about with love and whom does He express frustration with?

## What did I learn about myself?

God also talks about creation, the nature of the world, and the reality of humanity. When you think about yourself and your relationship with God, what do you learn from the Qur'ān? How is God speaking to you in your specific circumstances?

## What does God want from me and how will I incorporate it in my life?

The Qur'ān is a book of guidance, which means that it is Truth that not only gives us direction, but it is also meant to inspire action. What does God want from you? What direction should you go and what will you do? Take your reflection a step further and think about \*how\* to actually implement God's guidance in your life with an action plan.

## Du'ā/Prayer:

God teaches us many beautiful du'ās in the Qur'ān, but also inspires us to write our own. God has spoken to you in the Qur'ān, now you can continue the conversation. What would you like to ask or say back to Him?

Sometimes you might not be quite sure what God means, especially if you are reading in translation. Take a moment to reflect and then do some research. What have scholars said this means?



Don't be afraid to reach out and speak to others! What do your beloved family, friends, and community members think? Share your insight and seek their wisdom, too.



1

The Opening

Al-Fātiḥāh

سُورَةُ الْفَاتِحَةِ

Major Theme(s):

What did I learn about God?

What did I learn about myself?

What does God want from me and how will I incorporate it in my life?

Du'ā/Prayer:



Surah number

Surah title in your language

Transliteration

Surah title in Arabic

Major Theme(s):

What did I learn about God?

What did I learn about myself?

What does God want from me and how will I incorporate it in my life?

Du'ā/Prayer: